



# Monthly Stress Mitigation

We are very excited to announce a new AEP event to give our members and professional colleagues even more opportunities to network!

On the first Thursday of each month, please enjoy the company of AEP Superior California Chapter members at happy hour. This is also a great opportunity to meet the recently appointed Board of Directors.

These informal, no-host happy hours will take place at Brew It Up! from 5:00 to 7:00 pm beginning Thursday, February 5.

Brew It Up! is located on the corner of 14th & H Streets in Downtown Sacramento and features happy hour specials until 6:00pm. Non-AEP members are also welcome. Come on, get happy! (Please “get happy” responsibly.)

**Parking:** The Memorial Garage is located between 14th & 15th Streets, on H Street. Brew It Up! is actually on the ground floor of the Garage on the corner of 14th & H. Validations cover \$5 of your parking fee (equivalent to approx. 1.5 hours of parking).

If you have any questions, please contact Christina Ryan at [CRyan@kleinfelder.com](mailto:CRyan@kleinfelder.com) or (916) 366-1701.

